

YOU ASKED

Sort your beauty woes with some help from the OK! experts



» Eva Amurri opts for subtle orange lips with peach undertone to complement her skin tone

• I've noticed lots of celebrities sporting bright orange lipstick and I love how it looks on them. Since I'm neither fair nor tanned, how do I make this colour work for me?

Although not many can get away with such a strong colour, there are a few tricks you can apply to make it work for you. First, get a tan or a body bronzer. Tanned skin complements orange lippy but don't over do it or it might drown out your other facial features. Use dark make-up on eyes and never include pastel hues or other bright colours. To find out what degree of orange suits you best, just remember – metallic ginger for dark skin, peach for pale skin and bright orange for those who are tanned. If you're still sceptical then opt for an orange gloss formula instead.

M.A.C
Neo Sci-fi Lipstick
in Electro,
RM63



Stila SPF 20 Shine Lip
in Taormina, RM85

• I'm in my late thirties yet I still get spots on my face. What products are suitable for someone my age?

Most off-the-counter products usually have strong formulas for really bad acne cases which might not be suitable for sensitive or mature skin. Try getting formulas that are made for adult acne and have soothing ingredients like camomile in it. Also avoid washing your face excessively – this will rob your skin of its natural moisture. Sleep well and drinks lots of water to keep skin hydrated and supple.



Bioxil Advanced
Anti-Blemish
Essence, price
unavailable



ZA Blemish
Shoot Dewy Gel,
RM27.90

• I'm losing a lot of hair! I know it's normal to lose up to 100 strands of hair a day, but how do I reduce premature hair loss and breakage?

When hair is wet, it gets heavy and those who have weak hair will experience a lot of hair fall and breakage. Since hair comprises dead skin cells, there's nothing much you can do except eat healthily, sleep and exercise well. Avoid styling your hair all the time or comb it without a detangler. Never tie hair while it's still wet or dry it with a towel before using a blow dryer. With some specially formulated shampoos and serums, you can lessen hair fall and breakage and if that doesn't work and the amount of hair loss is alarming, seek medical advice.



Pantene Pro-V Shine
RM16.80

L'Oréal Kérastase
Resistance Bain de
Force, RM69

GOT A BEAUTY GRIPE?

If you have a hair, skincare or beauty concern, send your questions, along with your contact details to: OK! Malaysia, 45-7 The Boulevard, Mid Valley City, Lingkaran Syed Putra, 59200, Kuala Lumpur, Malaysia.