

singapore's leading fashion & beauty magazine

female

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Feb 2009

**The
Most-
Worth-It
Luxe
Items**

Designer
jewellery
for \$1,200,
It bags for
\$1,000,
and more

**Outsource
Your Life**

**PAY PEOPLE
TO DO THE
THINGS YOU
DON'T WANT
TO DO**

**Is Your
Job Making
You Lose
Your Hair?**

**Complete
Skin Overhaul
In 14 Days**

We test the
best skincare
programmes
in town

**VA
VOOM!**

**10 RULES TO INSTANT CHIC:
THE ONLY CHECKLIST YOU'LL
NEED THIS SEASON**

**REAL
MEN CAN
WEAR
TRENDS
THEY SHOW
YOU HOW**

Birkin Addicts Confess:
Why wait 5 years for a designer bag?
And how to jump the queue!

GET WITH THE

Meant for stressed, lacklustre or generally tired-looking complexions, these super-intensive programmes are like short-term boot camps that whip skin into shape safely, but quickly.



LA MER THE ESSENCE, \$3,670

What: Essentially a concentrated version of La Mer's famous Miracle Broth, this treatment also contains Dormancy Ferment, which suspends skin in time so that vulnerable cells are calm enough to focus solely on repair. Skin is literally resuscitated and reborn.

Regime: Ideally to be used with Creme de La Mer, the programme contains three vials, each lasting seven days, which are applied day and night to cleansed skin.

Verdict: Improvements were very obvious. General comments from friends were that skin looked lifted, smooth, radiant and luminous. Just a light dusting of loose powder was the only makeup needed. Laugh and frown lines were less evident since skin was moist, plumper and appeared dewy.



SHISEIDO BIO PERFORMANCE SKIN CORRECTIVE PROGRAM, \$450

What: Targeted at "unresponsive" or compromised skin quality due to daily stresses, this programme acts like an Intensive Care Unit, using magnesium and calcium ions to accelerate skin self-recovery and rebalance its energy.

Regime: Used in place of your regular daily beauty skincare, the 14-day programme consists of a serum and a balm. They form a protective layer over skin, while nourishing it.

Verdict: Skin looked brighter instantly after application. After five days, pores were visibly smaller and skin felt firmer. Makeup went on much smoother while skin tone was radiant and uniform. Results lasted well over a week.



BIOXIL AGELESS MIRACLE, \$240. (30-DAY TREATMENT AVAILABLE AT \$480)

What: An anti-ageing and anti-wrinkle treatment combining growth factor-mimicking peptides and natural ingredients to revive skin's elasticity, restore its texture and radiance, while reducing wrinkles and fine lines.

Regime: The 14-day programme consists of four steps for day and night. First, the Solution tones and clarifies your complexion. Next, the Serum lifts, hydrates and renews skin. This is followed by the Cream, which combats wrinkles and smooths skin texture. Lastly, the Eye Cream reduces puffiness, dark circles and fine lines.

Verdict: Finer creases, especially the frown lines, were noticeably reduced at the end of the programme. Overall, skin looked firmer and brighter, while skin tone was more uniform.